THE TIMES DAILY MAGAZINE PAG

Ask Laws to To Be Wives

Are Women Better or Happier Than In Days When Simple Virtues Ruled, Winifred Black Wonders.

By WINIFRED BLACK,

(Capyright, 1915, Newspaper Feature Service. HE dentists of America in convention assembled at Oakland, Cal. the other day decided that there ought to be a law compelling

ought to be a law compelling teeth filled whether she wanted to or not-so that her baby's teeth would come in all right when the proper time arrived.

Mrs. J. Borden Harriman, Mrs. John D. Rockefeller and several others have issued a report of some kind or another in which they recommend that there ought to be a law preventing undestrable people from having undestrable hidren, and now—

Who's To Be Judge?

And now a Mother's Congress in the middle West has adopted a resolution declaring that there ought to be a law to train girls and women to be wives and mothers, and not to let them marry till they are so trained.

Then would you go to work to train a woman to be a wife and mother, Madam Frecident of the Mother's Congression.

Have you ever trained any one to be

Have you ever trained any one to be a husband and father:
How did you go to work to do it?
Did you have to go to achool to learn the profession of friendship, pray teif?
Did somehody have to teach you that people answer you in the same tone as the one in which you speak to them?
Is love a thing to be taught out of a book—who can teach, if so?
Can you-could !?
Love is the one thing that makes either marriage or motherhood possible in its hishest sense.

in its highest sense.

Do you know any method by which such love can be learned by rote?

"The profession of wife and mother" how about the profession of daughter and sister?

Wouldn't you teach them in you

Wouldn't you teach them in your rehoo!?

If I wanted to teach a girl of mine to be a good wife and a good mother, I would teach her first of all to be a good human being.

After that, a good woman. After that—she would know how to be a good wife and a good mother without any of my teaching.

Are We Better?

The simple things, the plain virtues the characteristics that make the most

the characteristics that make the most humble character blossom like a rose in the simplest home-tiese are the things that make a woman a successful wife and a good mother.

Tou never saw a vain girl turn into a good mother in your life-you never knew a selfish woman who was anything but a selfish wife.

You don't have to send a girl away from home to a high-priced teacher to show her how to be genfle, how to be loving and how to the generous.

I, wonder if it wouldn't be a good idea for some of us who are so advanced to stand still just a minute and look backward-for a change.

Latter-Day Ideas.

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Latter-Day Ideas.

Are we so much better than our mothers, after all—we self-conscious, self-willed, self-central modern women?

Are we even much happier?

And do we make those who love us more content?

We ought to—we talk such a lot about it—we certainly ought to.

But, do we—really?

Look around you in your own circle of acquaintance and see.

Honestly now—are we so very much better, so very much wiser or so very much more contented than they?

Sometimes, in spite of all the congresses and conventions—I find myself wondering about it

THE ANCIENT OF ATLANTIS. By Albert Armstrong Manship. Boston: Sherman. French & Co. Price, \$1,50.

An epic 'poch in three parts. This An epic poem in three parts. This shook will be enjoyed by the mystic and the idealist rather than by those of practical bent. It tells of the life, work and philosophy of Hoo-Ahm, Ancient, by mentor, to the fabled Atlantis.

Many of the evils confronted by Hoo-Ahm find their counterparts in the life of today, and it is easy to see the author's desire to present through this allegory his personal surgestions for the overcoming or present-day moral and economic defects.

JANE STUART AT RIVERCROFT By Grace M Renuck, Philadelphia, Penn Publishing Company Price, 11.25. The fourth of the Jane Stuart books, The fourth of the Jane Stuart books, for girls from ten to fifteen. A house sparty, given by an indulgent aunt, affords a group of young people the beat of fines. It is just the sort of a healthy out-of-doors story that young people like best. There are camping trips and parties galors and a couple of mysteries for the lively young heroes and hero-

Flying Beauty Squadron of Suffragists Combing City For Answers Train Girls Men to Participate in Episodes of Susan Anthony Pageant

> Gayly Decorated Automobiles Flit About City to Schools and Colleges to Persuade Youths to Share Honors in Coming Event.

Miss Blanche Waters, Entrant in Times' Beauty Contest, Heads Squadron and Has Credit of Securing Many Volunteers.

AS the "Flying Beauty Squadron" seen you yet. Mr. Man? If so, it is more than prob-able that you have signified your intention of taking part in the Sean B. Anthony pageant on December 13. Their automobiles-two of them-overflowing with the beauties of the Washington suffrage contingent, are out on the warpath with the slogan: "Wanted-Mer" with the slogan: "Wanted-Men" Teh machines are gayly decorated

with the bright purple, white and gold banner of the Congressional Union, and home placards on the sides of the cars advertise the pageant and its cate.

Three local high schools readily succumbed to the wiles of the squadron during the past week. On Monthe youths of Technical and Centhusiastically assured the young sluffragists that they would attend the first rehearsals. Yesterday the squadron laid siege to Western High School, adding about fifty more to too list.

Will Visit Colleges.

During the next week plans have been made to visit Eastern and Business High Schools, in the hopes of raising the list of volunteers to 200 at least. The colleges are also to be on the line of march for the coming week, and it is sufe to say that the roster will be substantially inreased when another count is the commandress-in-chief o squadron is Miss Blanche Waters

who personally makes many of the appeals for recruits, and who has been hailed the youngest suffragist in the ranks of the Congressional committee. Her lieutenmit commandress is Mrs. Florence B. Morrill, an attractive young woman from Massachusetts. Other nembers of the squadges are Miss Mollie Wade,

Three-Minute Journey

By TEMPLE MANNING.

AVE you ever seen a picture Pan, sitting by the river bank blowing his pipes? If you have then you know that the pan pipes are made out of reeds and that you blow them much as one does when he blows into an old-fashioned door key to make a whistle.

It was at Brianza, in Lombardy, that

Book Reviews

Book Reviews

BOOLY AND I. OR THE SILVER RING. By Frank R. Adams. Boston Small. Maynard & Co. Frice. 81.25.

Informal treatment lends novelty to a rather commonplace plot concerning a hasty, marriage and the triumph of Cupid somewhere near the final pages. Of course, there is a designing salventures to make the husband's life slightly more varied than is usual when a blind man chivalrously marries a girlhe has never seen and promptly tries to forget her.

Molly, the wife, adopts the novel expedient of applying to her husband in the diagnites of a primer-airness—sucking strongly of a primer-airness sucking strongly of a primer-airness—sucking strongly of a primer-airness sucking strongly of a primer-airness sucking strongly of a primer-airness—sucking strongly of a

Odd and Interesting Facts. Queen Mary of England prefers

A mole in the hollow of the cheek is said to denote a quarrelsome dis-

An experiment was once made to see how fast a bee could fly. The hive was attached to the roof of a train, which attained a speed of thirty miles an hour before the bees were left behind.

Snakes have no evelids, and therefore never close their eyes. Their eyeball is cavered with transparent scales much resembling glass. When the replic casts its outer skin, the eye scales come off with the rest of which the snake slips. This glassy eye scale is no tough that it effectually protects the true eye from the twigs, sharp grass, and other obstructions which the snake encounters in its travels, yet it is transparent enough to allow of perfect visica.



The "Flying Beauty Squadron" of the Campaign For the Susan B. Anthony Pageant.

Miss Ells Darsey, Mrs. Zept. Miss Marie Gordon, and Miss Posey. How It Started.

PHOTO BY BUCH

How It Started.

When Miss Hazel Mackaye wrote her bageant on the life of Susan B. Anthony, she assigned a number of parts to male actors. Several hundred were needed to balance the various scenes, yet few volunteered their services at first. It was then that Miss Waters asked that she might try to secure the number needed by Miss Markaye and began her campaign at once.

Miss Waters inde her first suffrage speech when she was fourteen

and proudly claims that she has sung, danced, recited and acted for suffrage on various occasions. During the fall campaigns in New York and New Jersey she frequently appeared on the platform with Mrs. Julia Reinhardt, whose age—seventy-one—was Just Miss Waters own reversed. Miss Waters was one of the entries in The Times' beauty contest last spring and her photograph was among those considered in the final judging for the prize.

Mrs. Morrill believes that, once the young men attend rehearals, they will be definitely won over to take part in the pageant.

"All young people like to be in

theatricals," she said, "and a lot of them are too bashful to take part in high schools plays or don't even know that they will enjoy acting in the Susan B. Anthony pageant because some of the mob scenes will be most exciting, and they can be noisy to their hearts' content."

On Monday the girls of the beauty squadron are to go over the route to be taken by the envoys who will attend the Congressional Union Convention in December. It will be done for the purpose of estimating the exact time that will be needed for the parade to the Capitol that is get a chance to participate.

of the convention. They are to assemble at the south Treasury at 3 o'clock.

To Health **Ouestions**

By DR. L. K. HIRSHBERG.

II.-Please tell me, how I can emedy steeping on my back.

Sleep in the position that is omfortable to you. The idea that one must sleep in a certain position is ob-If you wish to change sleeping on the back, before retiring take a bot bath, and then a glassful of hot mile. and fix the nillows, if you prefer them on the side of the bed, so as to prop

Mrs. B. A. R. - Will rouge in powder form harm the ski; if removed at pight with cold even? 2 Please give me the formuly for a good cold cream that

I do not advice the use of a powder rouge. The "next to nature" rouge would be to make some kind of rouge from animal substance, such as rose retals, beets, or conhinest. Now, a very, good way to make a perfectly harmiesa and dainty tint, is to take several drops. and dainty that the conditions and mix with the cold cream given below until the desired shade is obtained. A deep rose chade put on the cheeks deftly and gen-tly and washed off a night is harm-less. 2. White wax, on ounce, white vaseline, one ounce, oil of sweet almonds, five ounces: rose water, one and a helf cunces: boris soid twenty grains: life of the valles, eight drops.

PERSONAL ADVICE.

Readers desiring advice should remember:

remember:

1. To address inquiries to Dr. L.
K. Hirshberg, care of The
Washington Times.

2. To enclose a stamped and addressed envelope if a personal
reply is destred.

Corset Problem and Beauty Culture

Laws of Comfort and Health Must Be Observed As Well As Those of Changing Fashion to Give Grace and Freedom.

UTE a different question from the usual beauty query was written to me this week. "Can you reccommend a moderately priced cor-set that meets all of the require-ments of a good fitting pair of stays. I have tried many different makes. but none of them has given absolute

satisfaction.' I am sure this is a problem that I am sure this is a problem that confronts many women, for, unfortunately, it is necessary to depend up the corsetiere's art to re-enforce nature. It is impossible for me to know what particular style of corset is suited to your individual need. Each nodel has its good and had points, and you can only find them out by wearing them.

Few women pay sufficient attentions.

Few women pay sufficient attention to the purchase of their stays. They allow a salesgir! to "talk them into" buying a certain make, whether it is adapted to their individual figures or not.

Corset Requirements.

The lines of a xell made corset are in preportion to the figure for which it is intended, and I have often wondered why women are satisfied

HO does not recall a small child who begs. "Gi' me de raisina!" whos

of pudding in which those tempting dark sweetmeats were present? How

many times we perhaps have eaten our pudding for the sake of the

Once regarded almost as a luxury the raisin is today being brought into the common ranks of a plain article of food. The reason—one is

tempted is make a pun-is because our own country has advanced in

its skill at raisin-growing to such n extent that we raise about \$5,000

Again, we are coming to under-Again, we are coming to under-stand the nutritive quality of the raisin more thoroughly. It is a sweet, but a wholesome sweet, con-taining also starch. The exact fig-

ures as to the raisin's food value are: Carbohydrates, 68.5 per cent; pgotein, 2.3 per cent; fat. 2.1 per cent;

With Nuts, a Perfect Meal. Starch sugar in concentrated form is what the raisin offers us. Of

ourse we know that it is merely a

dried grape, and that it is merely a dried grape, and that all the qualities that make graper valuable are still retained in the raisin. As a natural sugar, the raisin holds first place. For this reason, it is one of the best things to include in the foods of children if propertly treated and cooked. Although raising are semetimes called indigestible, they will not prove so if allowed to swell in water or other liquid before cooking or being added to cakes and pudding. In some cases it is

vater and refuse, 23 per cent,

tons annually.

presented with a portion

(Copyright, 1915, Newspaper Feature Service. to buy cornets that are cut over the same general pattern, only vary-

the same general nattern, only varying according to size.

It is far better to go to a reliable corsetiere, who taker her work seriously and considers it an unpardonable crime against women to fit them with harmful corsets. Economize along some other line, but wear the best pair of corsets it is possible for you to huy.

A petite, slender woman requires an entirely different pair of stays from the woman of Amazonian proportions, yet, many times, I have seen them select the salesgirl proportions in corseting the figure, but it is well to observe the changing fashions in corseting the figure, but it is far better to observe the laws of comfort and health and buy only the pair of stays that will permityou to move about with grace and freedom.

Some Suggestions.

next you purchase corsets. If you are partial to the low-cut corset see that it fits loosely about the upper edge. If there is any pres-sure upon the diaphragm, indiges-tion and a bad complexion may be

best to scald the large raisins and remove the outer skin, which can be done easily. The ideal combina-tion to make with raisins is nute, for then we have protein plus sugar-starch, a perfect meal.

Raisins and various kinds of nut-butters, combine conflict.

Raisins and various kinds of nutbutters combine excellently, and should be made into sandwiches for the school lunch-box. Raisins with white of egg, as in the making of small cookies, is another good combination. And just as they are, if well chewed, they are delicious as well as nourishing. The most familiar way of using raisins is to incorporate them in some form of cake, bread or cookies. Raisin bread is much more nutritious than bread without, and indeed in every case where more nutrition is desired, raisins may be added.

Divided luto Three Classes

Divided Into Three Classes.

eating is merely the largest clusters most perfectly dried. Seeded raisins

are the cheaper and varying sized raisins from the same vines, but

which, however, have had their seeds removed by a zeeder. This operates

by flattening the raisins between two rollers so that the seeds are pressed

to the surface when they are caught and removed by needle-like teeth. The true seedless raisin is generally called the Sultana, and naturally has

no seeds. It is a small, pale yellow raisin, a little less rich in carbohydrates, but very desirable for many kinds of cooking. The good seededraisins are from 12 to 15c per pound, and the layer or cluster raisins are about twice this price.

ommercially, raisins are divided into the layer, the seeded, and the seedless. The layer raisins for table

Raisin Return To Favor

Once Regarded Almost as a Luxury, But Now Its

Nutritive Quality Is Beginning to Be Understood.

By MRS. CHRISTINE FREDERICK

resudt. The digestive organs are frequently impaired by ill-fitting corsets, and you should be fitting corsets, and you should be most particular that they are comfortable and at the same time contribute the proper support.

The corset should be molded to the form and boned in just the right places, so that there will be no uncomfortable pressure upon any part of the body. If your hip benes are prominent select a corset minus the bones over the hips. It is a simple matter to have the steels removed if this is the only fault you can find with a corset.

When lacing your stays keep them cent two inches down the back. This will insure the freedom to the spine that it demands.

Be careful not to draw the corsets too tightly about the thighs and abdomen, for this will arrest free circulation.

and abdomen, for this will arrest free circulation.

Always remember that the proper corset is molded lightly and easily to the form with the perfect fit of a glove. Its purpose is gradually to correct your physical defects, and forcing your figure into a tight mold will never accomplish this result.

Never allow yourself to be corsected unless it is by a corsetter with a thorough knowledge of her art.

BREAK A CHILD'S **COLD BY GIVING** SYRUP OF FIGS

Look, Mother! Is tongue coated, breath feverish and stomach sour?

Cleanse the little liver and bowels and they get well quickly.

When your child suffers from a coid don't wait; give the little stomach, liver and bowels a gestle, thorough cleansing at once. When cross, peevish, listle is, rale, doesn't sleep, eat or act unturally, it breath is bad, atomach sour, give a teaspoonful of "Culifornia Syrup of Figs." and in a few hours sill the clogged-up, constipated waste, sour little and undigested food will gently move out of the bowels, and you have a we'l, playful child again.

If your child coughs, snuffles, and has caught coid or is feverish or has a sore throat, give a good dose of "Culifornia Syrup of Figs." to evacuate the bowels, no difference what other treatment is given.

no difference what other fregithent of serven.

Sick children needn't be coaxed to take this harmless "fruit laxative." Millions of mothers keep it handy because they know its action on the stomach, liver and bowels is prompt and sure. They also know a little given today savek a sick child tomorrow.

Ask your druggist for a 50-cent bott's of "California Syrun of Figs," which contains directions for babies, citildren of all ages, and for grown-up phintic to the bottle. Beware, af counterfelia sold here. Cet the genuine, made to "California Fig Syrup Company."—

Use Aladdin Security Oil or Diamond White Oil to obtain best results in Oil Stoves, Lamps and Heaters. STANDARD OIL COMPANY BALTIMORE Washington, D. C. Norfolk, Va. Richmond, Va. Look for the Triangle Trademark. Sold in many styles and sizes at hardware and general stores.

Grandmother's Comforter

SINCE we got a PERFEC-TION HEATER, Grandmother keeps cozy all day

In five minutes the Perfection makes chilly rooms comfortable. It is light and easy to carry around. When the furnace breaks down and during cold snaps, it is the most useful thing in the house.

The Perfection gives you ten hours of comfort on a gallon of kerosenethe most inexpensive form of heat.